



PWPORG Presents:

Find the Joy: Through The Holidays and Always

Mini Resource Guide



Holiday Travel

Traveling during the holidays can be very tedious, especially for kids and large families. Airports, train stations, and bus stations are crowded, the cost of traveling has increased exponentially, and there are COVID travel restrictions still in place throughout the U.S. and other countries. These resources will provide information about navigating holiday travel:

- Transportation Security Administration's Holiday Travel
<https://www.tsa.gov/blog/tags/holiday-travel>
- Transportation Security Administration's Top Travel Tips
<https://www.tsa.gov/travel/travel-tips>
- 5 Ways To Safely Travel With Unvaccinated Kids This Holiday Season
<https://www.moms.com/safely-travel-unvaccinated-kids-holiday-season/>
- DSHS Holiday Travel Safety Checklist
<https://www.dshs.wa.gov/sites/default/files/AL TSA/tbi/documents/Holiday-Travel-Safety-Checklist.pdf>



Gift Giving

Patience may be the skill most needed throughout the holiday season as many items and the wonderful folks who make the delivery of those possible, are in short supply as a result of the pandemic. Think about the old fashioned art of making gifts to replace those that may not be available (including great food and desserts), and creating events and get-togethers with friends and family you have missed. Those are gifts which will create lifelong memories, no batteries or wrapping paper required!

December is *National Safe Toy and Gift Month*. If your holiday plans include giving gifts, check out These resources to help you give safely:

- <https://www.apha.org/events-and-meetings/apha-calendar/2019/safe-toys-and-gifts-month-2019>
- <https://www.allianceforchildrenandfamilies.org/national-safe-toys-and-gifts-month/>
- <https://child-familyservices.org/december-is-national-safe-toys-and-gifts-month/>
- <https://www.theemergencycenter.com/safe-toys-and-gifts-month/>



Online Shopping Safety

Online shopping has become more prominent since the pandemic began, and as the holidays grow closer, so will the opportunities for thieves to take advantage of you, especially if you're not careful with personal data. Deals that seem *too good to be true*, often are exactly that! When you begin to order online, protecting your information needs to be your first consideration.



These resources provide information about how to protect yourself while online shopping this holiday season.

- CrimeStoppers.org's Holiday Shopping Safety Tips
<https://crime-stoppers.org/wp-content/uploads/2019/01/cs-holiday-shopping-safety-tips-2016.pdf>
- The National Security Alliance's Online Shopping
<https://staysafeonline.org/stay-safe-online/online-safety-basics/online-shopping/>
- Cybersecurity and Infrastructure Security Agency's Shopping Safely Online
<https://us-cert.cisa.gov/ncas/tips/ST07-001>

Giving Back

During the holiday season, families can find themselves in many different circumstances and not all of them will be positive. There may be family members and friends in hospitals, working, or without jobs and away from family. Remember, our four-legged friends need help this holiday season, too.



There are many ways you can give back this holiday season, but here are a few sites that can help you figure out where to start.

Toys For Tots

<https://www.toysfortots.org/Default.aspx>

Salvation Army

<https://www.salvationarmvusa.org/usn/brighten-the-holidays/>

United Way

<https://www.yourunitedway.org/holiday-volunteer-opportunities/>

Feeding America

<https://www.feedingamerica.org/take-action/volunteer/holidays>

SPCA International

<https://www.spcai.org/>



Giving Thanks to Essential Workers

Remember there are so many professions which require members to spend their holidays helping others instead of being at home with their families. These include police officers, firefighters, doctors, nurses, EMTs, and mail carriers, as well as grocery store workers, delivery personnel, pilots, conductors and bus drivers. Saying a simple THANK YOU is a great gift of kindness and appreciation.



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